

Watford & Three Rivers Locality Commissioning Committee Update HVCCG Board 4 June 2015

1. **Monthly Local Management Group (LMG) meetings** are attended by GP & PM representative from each practice and provide member practices opportunity to engage with delivery of the locality Plan on a Page.

The 9th April LMG agenda included themes of Integration, Prevention and improving communications:

- **An update on Children's centres** focussing on children aged 0-5 working in a group model with 29 groups to date. Last year 2014/15 South Oxhey was used as the pilot for the Minor Illness education sessions, with 100% of parents coming away more confident that they could find the right person to talk to for any future issues and in managing minor illness in their family. The objective is to build relationships with children's centres and the CCG with additional focus on nutrition and smoking cessation.
- **Break out time for Practices in Clusters.** Partnering with children centres has been identified for the locality pathway work for this year 2015/16. This is building on the success of last year's South Oxhey cluster pilot. Cluster time was allocated for practices to come up with an action plan for the years' work.
- **Beat the Street** - Piers Simony, PH Consultant, presented principles for promoting activity in the community and the 'Beat the Street' scheme. Beat the Street is a programme for physical activity intervention. It is aimed to increase physical activity levels and provide support to keep it at a sustainable level in order to increase community cohesion. To create a sense of challenge the goal is to "Race to Space". The concept of the scheme is to nudge individuals into activity. Some schools have already signed up and GPs were positive about getting involved and encouraging patients to take part.
- **Men's Weight Management Programme.** Watford FC has been commissioned to help get men, who are clinically obese, active to reach the recommended 150 hours of physical activity each week. At the end of the programme Watford FC will sign post the men to other free activities to stay active, such as Beat the Street, walking, cycling, etc. There are existing referral pathways through practices, although the majority of referrals to similar programmes have been women. There was a positive response from GPs to the above scheme, this is continuing to build on the locality priority of focusing on addressing obesity, initiated by the successful launch of the Beezee Bodies weight management referral scheme for families, last year.
- **IM&T update** – outlining what is provided by the team and where practices can find information.
- **QAS – Quality Alert System launch** Aryldi Moss-Burke (AMB) from HVCCG Quality Team, explained that the pilot run across 10 practices in the ccg, is now available to all GPs, and will replace the old contracts hotline. Themes of feedback from the pilot centre on patient discharge and patient safety.

2. **The April WCL Executive Group**, has after careful consideration, revised the format of the agenda for this year to specifically focus on a commissioning agenda, this month's meeting included:

- **WCL Increasing Capacity funding scheme for 2015/16.** Liz Biggs CYPM attended for further discussion re the proposal for the locality increasing capacity business case that is being developed for paed's after school clinics in practices.
- **A Living Well update.** The first stage of this model is based in Watford where a multi-skilled team have weekly MDTs for a small caseload. The next steps are to be able to grow the concept into the vision around the model. There is a workshop for the design team in May to develop the next stage of the model. There is also another workshop in June. The timescale for the full model is around summer 2015. Two patient stories were shared where service users were successfully helped by the intervention of the integrated social and health care team.
- **Contract Management team update** – Steve Peck had been invited to attend with the objective of establishing a link with this new senior contracts manager. Steve will update on a quarterly basis for the three main contracts HPFT, WHHT & HCT and take feedback from the locality to contract meetings.
- **Public & Patient Involvement** – we are taking a fresh approach this year and so our patient representatives are asked to bring two questions from the WCL patient group. This month, 'Do missed appointments cause an impact on GP surgeries' and 'What are the anticipated running costs of the ccg'? A written response will be taken back to the patient group.

3. WCL Patient group - 1st April, Alison Gardner, lay board member, was well received by the group, there was extensive and wide ranging discussion with the group about the role and purpose of the patient groups. Alison also shared her objectives for this year which were positively received by the group who are very keen to extend membership of the group to include representation from each surgery in the locality and also a greater breadth of representation across all age ranges.