

HERTFORDSHIRE CONTINENCE APPLIANCE FORMULARY

This formulary has been developed and reviewed by the HCT Bladder and Bowel Service, in conjunction with East and North Hertfordshire CCG and Herts Valley CCG, for use in the community by community nurses and General Practitioners (GPs). Product choices have been based on experience, clinical effectiveness, patient requirement and cost effectiveness. This formulary will be updated annually to reflect innovations in practice and new, evaluated products.

Users of the formulary are advised that:

- Patient assessment is essential before deciding to catheterise;
- Alternative management options should be first considered because of the complications associated with indwelling urinary catheters;
- Product choice should be determined by clinical assessment, however patients/carers should be given the opportunity to make informed choices and be part of the decision-making process;
- Patients should be regularly reviewed to confirm continued need, and/or assess changes, taking into account new products and developments which may better suit the patient's need, in accordance with the formulary;
- Requests for non-formulary items must be clinically justifiable and may be challenged;
- The minimum quantity required to meet patient needs should be ordered to avoid stockpiling.

Requesting Prescriptions

Prescriptions must be authorised and generated by a GP practice/Independent Non-medical Prescriber (NMP) prior to any delivery of appliances to patients. HCT community nursing staff requesting prescriptions to be issued by patients' GPs for continence products must use the Incontinence Appliance Request Form (Annex 1).

Ordering Supplies

Patients must be given the choice of where to obtain their prescribed continence supplies from. One supplier should not be recommended in preference to another.

There are two routes of supply:

1. Community Pharmacies – prescriptions can be collected by the patient or a patient's representative from the GP surgery and items delivered directly to the patient's home, along with other medication. Stock will be delivered within 24 – 48 hours in most instances (NB not all pharmacies offer a delivery service to patients).
2. Dispensing Appliance Contractors (DAC) – prescriptions can be posted from the GP surgery to the DAC and items delivered directly to the patient's home. Stock is usually delivered within 24 - 48 hours.

HERTFORDSHIRE CONTINENCE APPLIANCE FORMULARY

LUBRICANT GELS

- Reduces the risk of urethral trauma. Recommended for both male & female patients.

PRODUCT	Size & Codes	Expected order quantity per 30 days
Cathejell Mono (free from Lidocaine and Chlorhexidine) (pack of 1)	8.5gm CJM 08501	Order 1-3
Cathejell Mono (free from Lidocaine and Chlorhexidine) (pack of 1)	12.5gm CJM 12501	Order 1-3
Hydro-Caine Gel (pack of 1)	6mls HYD006	Order 1-3
Hydro-Caine Gel (pack of 1)	11mls HYD011	Order 1-3

CATHETERS

- Indwelling urinary catheterisation must be only undertaken as the last resort after all other alternatives have been considered due to the increased risk of catheter acquired urinary tract infection (CAUTI).
- Wherever possible use smallest gauge catheter 12-14ch for urethral use. Use larger gauge 16ch for supra-pubic use.

PRODUCT	Size & Codes	Expected order quantity per 30 days
Dressit (pack of 10)	Small/Medium 908640	1
Dressit (pack of 10)	Medium/Large 908650	1
Clinipod Saline 20mls (pack of 25)	359-9933	1 box

Long Term use – Hydrogel Coated Latex

Designed to remain in situ for up to 12 weeks.

Supplied with a pre-filled syringe for balloon inflation and an empty syringe for balloon deflation.

PRODUCT	Size & Codes	Expected order quantity per 30 days
Rusch Sympacath AquaFlate	12Ch Standard DH310112	Maximum of 3
Rusch Sympacath AquaFlate	14Ch Standard DH310114	Maximum of 3
Rusch Sympacath AquaFlate	16Ch Standard DH310116	Maximum of 3
Rusch Sympacath AquaFlate	12Ch Female DH210112	Maximum of 3
Rusch Sympacath AquaFlate	14Ch Female DH210114	Maximum of 3

Long term Use – 100% Silicone Latex Free

Designed to remain in situ for up to 12 weeks.

Supplied with a pre-filled syringe of Glycerine for balloon inflation and an empty syringe for balloon deflation.

Lubricant included with catheter.

PRODUCT	Size & Codes	Expected order quantity per 30 days
LINC Uni-Flo 5ml balloon	12Ch Standard 08501205G	Maximum of 3
LINC Uni-Flo 5ml balloon	14Ch Standard 08501405G	Maximum of 3
LINC Uni-Flo 10ml balloon	16Ch Standard 08501610G	Maximum of 3
LINC Uni-Flo 5ml balloon	12Ch Female 085012051G	Maximum of 3
LINC Uni-Flo 5ml balloon	14Ch Female 085014051G	Maximum of 3

Long Term Use – 100% Silicone

Second line option for regular catheter blockage with debris.

Designed to remain in situ for up to 12 weeks.

Supplied with a pre-filled syringe of Glycerine for balloon inflation and an empty syringe for balloon deflation.

Lubricant included with catheter.

PRODUCT	Size & Codes	Expected order quantity per 30 days
LINC Medical Open Tip Catheters	12Ch standard 08451205G	Maximum of 2
LINC Medical Open Tip Catheters	14Ch standard 08451405G	Maximum of 2
LINC Medical Open Tip Catheters	16Ch standard 084516105G	Maximum of 2
LINC Medical Open Tip Catheters	12Ch Female 08471205G	Maximum of 2
LINC Medical Open Tip Catheters	14Ch Female 08471405G	Maximum of 2
LINC Medical Open Tip Catheters	16Ch Female 08471610G	Maximum of 2

HERTFORDSHIRE CONTINENCE APPLIANCE FORMULARY

CATHETER MAINTENANCE SOLUTIONS

- **DO NOT USE** maintenance solutions to prevent catheter-associated urinary tract infection (CAUTI).
- **Optiflo S** – to flush blood clots (not effective against encrustation).
- **Solution G** – to remove sediment deposits.
- **Solution R** – to remove gritty deposits prior to catheter removal.

PRODUCT	Size & Codes	Expected order quantity per 30 days
Optiflo S Saline Irrigation	50ml CSS50	4
Optiflo G 3.23% Citric Acid	50ml CSG50	4
Optiflo R 6.0% Citric Acid	50ml CSR50	4
LINC Medical Bladder Infusion Kit <i>To be used if catheter maintenance solution is needed more than once a week.</i>	MCI/701	1 pack of 10

LEG BAGS

Leg bags can be worn in different positions on the leg. The choice of position, i.e. thigh or calf, will determine the length of the inlet tube.

- The bags should remain connected for approximately 5-7 days. More frequent change is normally unnecessary and breaks the closed system, thereby increasing the risk of infection.
- Leg bags can be ordered in 300ml, 500ml, and 750ml.

Sterile Leg Bags

5-7 day use with needle free port, lever tap, ridge connector, night drainage connector and Velcro anti-slip strap.

These products can also be used with urethral sheaths.

Including 1 pair of non-latex gloves and 1 pair of soft straps 5-7 day use, with needle free port.

PRODUCT	Size & Codes	Expected order quantity per 30 days
LINC Medical LINC-FLO Direct tube - cost effective 1st choice	500ml LM500SD-L	1 pack of 10
LINC Medical LINC-FLO Short Tube 10 cm	500ml LM500MD-L	1 pack of 10
LINC Medical LINC-FLO Long Tube 30 cm	500ml LM500LD-L	1 pack of 10
CliniSupplies ProSys Bag Slide Tap Long Tube	350ml P350L	1 box of 10
CliniSupplies ProSys Bag Slide Tap Short Tube	350ml P350S	1 box of 10
CliniSupplies ProSys Bag Slide Tap Long Tube	500ml P500L	1 box of 10
CliniSupplies ProSys Bag Slide Tap Short Tube	500ml P500S	1 box of 10
CliniSupplies ProSys Bag Slide Tap Long Tube	750ml P750L	1 box of 10
CliniSupplies Leg Bag Lever Tap Short Tube	500ml P500S-LT	1 box of 10
CliniSupplies Leg Bag Lever Tap Long Tube	500ml P500L-LT	1 box of 10

Night Bags

2 litre drainage bags.

Night bags should no longer be re-used in the community. A single use night bag is to be attached to the leg bag and disposed of daily.

PRODUCT	Size & Codes	Expected order quantity per 30 days
LINC Medical 2 litre overnight drainage bag - cost effective 1st choice <i>* These are sterile. Can also be used for a urethral sheath at night.</i>	2 litre LM2LS	1 box of 10 x 3
CliniSupplies with tap	2 litre PSU2	1 box of 10 x 3
LINC Medical 3lt overnight drainage bag <i>*Special order for larger output.</i>	3 litre LM3LS	1 box of 10 x 3
For bedbound patients for connection directly to a catheter for 24 hour usage.		
CliniSupplies Lever Tap change 5-7 days	2 litre P2000	1 box of 10

CATHETER VALVES

PRODUCT	Size & Codes	Expected order quantity per 30 days
LINC medical Care-Flo Catheter Valve	CF1	1 Pack of 5

HERTFORDSHIRE CONTINENCE APPLIANCE FORMULARY

CATHETER SECURING DEVICES		
PRODUCT	Size & Codes	Expected order quantity per 30 days
Ugo Fix Catheter Sleeve	Small 24-39cm 3005	1 Pack of 4
Ugo Fix Catheter Sleeve	Medium 36-55cm 3006	1 Pack of 4
Ugo Fix Catheter Sleeve	Large 40-70cm 3007	1 Pack of 4
Ugo Fix Gentle Catheter Clip with soft silicone adhesive patch <i>*Similar to Statlock.</i>	One size 3004	1 Pack of 5
Ugo Fix Catheter Strap (can be cut to size) <i>*Similar to G-Strap.</i>	Medium 80cm 3003	1 Pack of 5
URINARY SHEATHS SELF ADHERING SILICONE		
For single use, adhesive sheaths applied to the penis then attached to a drainage bag:		
<ul style="list-style-type: none"> • Assessment must be undertaken by an appropriately trained healthcare professional; • Patients must be measured properly including girth & length; • Sheaths must be changed on a daily basis to relieve pressure and allow for skin hygiene. 		
Patients must meet the following criteria for a sheath to be successful:		
<ul style="list-style-type: none"> • A non-retracted penis; • Healthy unbroken skin; • No risk of sheath being pulled off; • Reasonable mental awareness, manual dexterity and good eyesight or carer availability. 		
PRODUCT	Size & Codes	Expected order quantity per 30 days
McGregor Healthcare QUFORA Standard - cost effective 1st choice	24mm 20111101	1 Box of 30
McGregor Healthcare QUFORA Standard	28mm 20111201	1 Box of 30
McGregor Healthcare QUFORA Standard	31mm 20111301	Box 30
McGregor Healthcare QUFORA Standard	35mm 20111401	Box 30
McGregor Healthcare QUFORA Standard	40mm 20111501	Box 30
McGregor Healthcare QUFORA Short - cost effective 1st choice	24mm 20111103	Box 30
McGregor Healthcare QUFORA Short	28mm 20111203	Box 30
McGregor Healthcare QUFORA Short	31mm 20111303	Box 30
McGregor Healthcare QUFORA Short	35mm 20111403	Box 30
McGregor Healthcare QUFORA Short	40mm 20111503	Box 30
Coloplast Optima Standard - alternative sizes	25mm 202025	Box 30
Coloplast Optima Standard	30mm 202030	Box 30
Coloplast Optima Short	25mm 202125	Box 30
Coloplast Optima Short	30mm 202130	Box 30

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ANNEX 1

INCONTINENCE APPLIANCE PRESCRIPTION REQUEST FORM

This form must be used by HCT community nursing staff to request prescriptions to be issued by patients' GPs for continence products, and is intended to promote improved governance, formulary compliance and waste reduction. The minimum quantity required to meet patient needs should be ordered to **avoid stockpiling**. Any requests for non-formulary items must be clinically justifiable and may be challenged.

Please enter in **CAPITALS**:

Name of Patient: Date of Birth:

Address: Tel:

NHS Number:

GP Practice Name & Address:

Product (Please refer to drug tariff for further information)	Size & Codes	Ordering Guide Per 30 days	Quantity Required
LUBRICANT GELS			
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Cathejell Mono (free from Lidocaine and Chlorhexidine)	12.5gm CJM 12501	Order 1-3	
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CATHETERS			
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Clinipod Saline 20mls	359-9933	1 box	
Long Term use – Hydrogel Coated Latex Designed to remain in situ for up to 12 weeks. Supplied with a pre-filled syringe for balloon inflation and an empty syringe for balloon deflation.			
Rusch Sympacath AquaFlate	12Ch Standard DH310112	Maximum of 3	
Rusch Sympacath AquaFlate	14Ch Standard DH310114	Maximum of 3	
Rusch Sympacath AquaFlate	16Ch Standard DH310116	Maximum of 3	
Rusch Sympacath AquaFlate	12Ch Female DH210112	Maximum of 3	
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Long term Use – 100% Silicone Latex Free Designed to remain in situ for up to 12 weeks. Supplied with a pre-filled syringe of Glycerine for balloon inflation and an empty syringe for balloon deflation.			
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CATHETER MAINTENANCE SOLUTIONS			
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2 litre drainage bags. Night bags should no longer be re-used in the community. A single use night bag is to be attached to the leg bag and disposed of daily.			
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McGregor Healthcare QUFORA Standard	35mm 2011401	Box 30	
McGregor Healthcare QUFORA Standard	40mm 2011501	Box 30	
McGregor Healthcare QUFORA Short - cost effective 1st choice	24mm 2011103	Box 30	
McGregor Healthcare QUFORA Short	28mm 2011203	Box 30	
McGregor Healthcare QUFORA Short	31mm 2011303	Box 30	
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Please enter in CAPITALS

Name of Nurse: Tel No: Date: