



# Get involved



You can help us to improve health services in your area.



There are lots of ways that you can get involved with NHS Herts Valleys Clinical Commissioning Group (CCG).



You can choose a way that fits in with the things you already do.



You don't have to be ill or someone who uses a health service to get involved.

Anyone can take part in a:



- **GP patient group**

This is where patients and staff work together to improve the services at their local GP practice.



- **Locality patient group**

This is where members from different GP patient groups work together and share information.



- **Patient Public Involvement (PPI) Committee**

This is a group made up from members of the locality patient groups and NHS Herts Valleys CCG.

Other ways to get involved include:



- **Joining our reader panel**

This is a group of local people, patients and carers. They work to make information about health services easier for everyone to understand.



- **Becoming a community health ambassador**

These are people who speak about health services on behalf of their local community.



For more information about getting involved email:

**[enquiries.hvccg@nhs.net](mailto:enquiries.hvccg@nhs.net)**